

ALLERGY TALK - TEENS TELL IT LIKE IT IS

Got severe allergies? Get in the know with an afternoon of discussion and advice for teens and young adults at risk of anaphylaxis.

Sponsored by the **Ottawa Anaphylaxis Support Group**, this session will give participants a great opportunity to hang out with others who share similar thoughts, feelings and experiences.

Topics such as allergies with respect to dating, high school, travel, lack of understanding from others, and much more, will be moderated by **Kyle Dine** of Anaphylaxis Canada. Kyle has severe food allergies himself, so he knows what teens with allergies are going through. He'll also be providing an update on allergy research that you won't want to miss!

WHERE

Pinecrest **Chapters** – in the Community Room
Pinecrest Shopping Centre, 2735 Iris Street, Ottawa

WHEN

Sunday, February 8, 2009 from **2-4 pm**

WHO

Anyone with allergies (anaphylaxis) who is **13-25!**

RESERVE YOUR SPOT!

Space is limited, so make sure you reserve a spot by contacting **Karen** at karen@ottawaasg.com or **819-778-2562** by **Saturday, February 7.**

For families and individuals dealing with
life-threatening allergies

**SUPPORT
EDUCATION
ALLERGY AWARENESS**

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